



Money Helper offers a wide range of free and accessible resources designed to help to build financial confidence.

These resources are intended for signposting and self-service use, enabling individuals to access trusted information, tools, and practical support in a way that suits their needs.

Get in touch

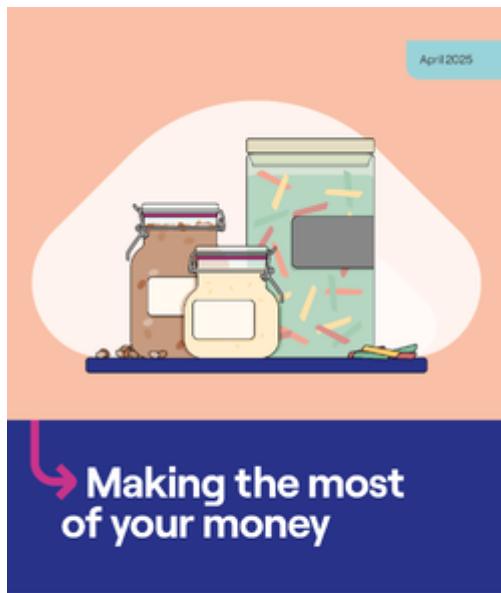
Got a question? We're here to help. Whether you contact us online or by phone, you'll always talk to a real person.

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UK mental health charity that provides support, information, and campaigns for better mental health services

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