

## Did you know...?

Bowel Cancer is one of the most common cancers, but it is preventable and easily and effectively treated when diagnosed early!



If you'd like to know more, come along to our

## Bowel Health & Screening Awareness talk Whitehawk Inn Monday 24th January 1.30-2.30pm

and find out about

- The National Bowel Screening Programme and if you're eligible
- How to know if your gut is healthy
- How to spot the signs and symptoms of Bowel Cancer
- What you can do to reduce the risk of developing Bowel Cancer

Limited spaces, call 01273 682222 to register.

This session is facilitated by the East and Central Brighton Primary Care Network and Sussex NHS Foundation Trust

